Candied Fruit Cake



FOR 4 PEOPLE

TEMPS DE PRÉPARATION 1 H 05

Ingredients

220 g flour

50 g candied cherries (candied red cherries) [;] 50 g candied tricolor melon cubes * 50 g candied orange cubes * 125 g sugar 125 g de beurre 1/2 sachet de levure chimique 3 oeufs 5 cl de rhum

*available at La Maison du Fruit Confit.

COOKING 45 MIN

Recipe

- 1 Dip the candied fruit in the rum and leave to macerate for 30min.
 - Preheat oven to 180° C.
- Separate the egg whites from the yolks and mix the yolks with the sugar. Beat the egg whites until stiff with a pinch of salt.
- 4 Melt the butter.
- 5 Pour the sifted flour over the egg yolks.
 - Add yeast, melted butter and egg whites. Mix gently.
- 7 Drain candied fruit and sprinkle with flour. Add to the batter without over-mixing.
- 8 Butter and flour a cake tin.
 - Pour in the batter and bake for 45min. Allow to cool before unmolding.



Discover all our recipes in our book available for sale & our products on www.lesfleurons-apt.com

Tel : 04 90 76 31 66 | 538 RD900 - Quartier Salignan 84400 Apt